ZHUHR PRAYER

Intention for the Zhuhr Prayer.

Before starting the prayer, make the intention in the heart and say :

أُصَلِّي فَرْضَ الظُّهْرِ أَرْبَعَ أَدَاءً رَكَعَاتٍ مُسْتَقْبِلَ الْقِبْلَةِ لِلَّهِ تَعَالَى

Ushallî fardhal zhuhri arba'a raka'atin mustaqbilal qiblati adâ’an lillâhi ta‘âlâ.

Meaning : I intend to perform the obligatory prayer of Zhuhur, four raka'ahs, facing the Qibla, as an act of worship for Allah, the Exalted.

1. **FIRST RAK’AH**

- **Takbir al-Ihram (Opening Takbir)**

  اللَّهُ أَكْبَرُ

  Allâhu Akbar

  Meaning : Allah is the Greatest

- **Dua Iftitah**

  كَبِيرًا، وَالْحَمْدُ لِلَّهِ كَثِيرًا، وَسُبْحَانَ اللَّهِ بُكْرَةً وَأَصِيلًا. إِنِّي وَجَّهْتُ وَجْهِيَ لِلَّ

  لسَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ. إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ

  الْعَالَمِينَ. لَا شَرِيكَ لَهُ وَبِذَٰلِكَ أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ.

kabîrâ, walhamdulillâhi katsîrâ, wa subhânallâhi bukratan wa asîlâ. Innî wajjahtu wajhiya lilladzî fâtharas-samâwâti wal-ardha hanîfan musliman wa mâ anâ minal musyrikîn. Inna shalâtî wa nusukî wa mahyâya wa mamâtî lillâhi rabbil ‘âlamîn. Lâ syarîka lahu wa bidzâlika umirtu wa anâ minal muslimîn

Meaning:

Allah is the Greatest, with the greatest greatness. All praise is due to Allah with abundant praise. Glory be to Allah in the morning and evening. Indeed, I have directed my face to Allah, the One who created the heavens and the earth, with a sincere devotion, as a Muslim, and I am not among those who associate others with Him. Indeed, my prayer, my worship, my life, and my death are only for Allah, the Lord of all the worlds. He has no partners, and with this, I am commanded, and I am among those who submit to Him.

- **Reading Surah Al-Fatihah**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَٰنِ الرَّحِيمِ
مَالِكِ يَوْمِ الدِّينِ
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Aamiin

Bismillâhir-rahmânir-rahîm. Alhamdu lillâhi rabbil ‘âlamîn. Ar-rahmânir-rahîm Mâliki yaumid-dîn. Iyyâka na‘budu wa iyyâka nasta‘în. Ihdinash-shirâthal mustaqîm Shirâthalladzîna an‘amta ‘alayhim, ghayril-maghdûbi ‘alayhim waladh-dhâllîn. Aamiin.

Meaning :

In the name of Allah, the Most Gracious, the Most Merciful. Praise be to Allah, the Lord of all the worlds. The Most Gracious, the Most Merciful. Master of the Day of Judgment. You alone we worship, and You alone we ask for help. Guide us to the straight path. The path of those upon whom You have bestowed Your grace, not of those who have evoked Your anger or of those who are astray.

- **Reading a Short Surah (Al-Ikhlas)**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ
اللَّهُ الصَّمَدُ
لَمْ يَلِدْ وَلَمْ يُولَدْ
وَلَمْ يَكُن لَّهُ كُفُوًا أَحَدٌ

Bismillāhir-raḥmānir-raḥīm. Qul huwallāhu aḥad. Allāhuṣ-ṣamad. Lam yalid wa lam yūlad. Wa lam yakul lahū kufuwan aḥad.

Meaning :
In the name of Allah, the Most Gracious, the Most Merciful. Say (O Muhammad), 'He is Allah, [Who is] One. Allah, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent.

- **Ruku (Bowing)**

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَبِحَمْدِهِ **(3x)**
Subhâna rabbiyal ‘azîmi wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most Great.

- **I‘tidal (Standing Up from Ruku)**

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami‘allâhu liman hamidah

Meaning : Allah hears the one who praises Him.

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbana wa lakal hamd

Meaning : O our Lord, all praise is due to You.

- **Sujud (Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Sitting Between Two Sujud)**

رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاجْبُرْنِي وَارْفَعْنِي وَارْزُقْنِي وَاهْدِنِي وَعَافِنِي وَاعْفُ عَنِّي

Rabbi ighfir li warhamni wajburni warfa‘ni warzuqni wahdini wa ‘āfinī wa’fu ‘annī

Meaning :

O Allah, forgive me. Have mercy on me. Improve my condition. Raise my status. Grant me sustenance. And guidance for me. Grant me safety.

- **Sujud (Second Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

Stand up for the second Rak'ah

2. SECOND RAK'AH

- **Recite Surah Al-Fatihah**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَٰنِ الرَّحِيمِ
مَالِكِ يَوْمِ الدِّينِ
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Aamiin

Bismillâhir-rahmânir-rahîm. Alhamdu lillâhi rabbil 'âlamîn. Ar-rahmânir-rahîm Mâliki yaumid-dîn. Iyyâka na'budu wa iyyâka nasta'în. Ihdinash-shirâthal mustaqîm Shirâthalladzîna an'amta 'alayhim. ghayril-maghdûbi 'alayhim waladh-dhâllîn. Aamiin

Meaning :

In the name of Allah, the Most Gracious, the Most Merciful. Praise be to Allah, the Lord of all the worlds. The Most Gracious, the Most Merciful. Master of the Day of Judgment. You alone we worship, and You alone we ask for help. Guide us to the straight path, The path of those upon whom You have bestowed Your grace, Not of those who have evoked Your anger, nor of those who are astray.

- **Recite a short Surah (Al- Falaq)**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ
مِن شَرِّ مَا خَلَقَ
وَمِن شَرِّ غَاسِقٍ إِذَا وَقَبَ

وَمِن شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ
وَمِن شَرِّ حَاسِدٍ إِذَا حَسَدَ

Bismillāhir-raḥmānir-raḥīm. Qul a‘ūzu birabbil-falaq. Min sharri mā khalaq. Wa min sharri ghāsiqin idhā waqab. Wa min sharri an-naffāthāti fil-‘uqad. Wa min sharri ḥāsidin idhā ḥāsad

Meaning **:**

In the name of Allah, the Most Gracious, the Most Merciful. Say, 'I seek refuge in the Lord of the daybreak, From the evil of what He has created, And from the evil of the darkness when it settles, And from the evil of the blowers in knots, And from the evil of the envier when he envies.

- **Ruku (Bowing)**

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَبِحَمْدِهِ (3x)

Subhâna rabbiyal ‘azîmi wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most Great.

- **I’tidal (Standing After Ruku)**

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami‘allâhu liman hamidah

Meaning : Allah hears the one who praises Him.

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbana wa lakal hamd

Meaning : O our Lord, all praise is due to You.

- **Sujud (Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Sitting Between Two Sujud)**

رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاجْبُرْنِي وَارْفَعْنِي وَارْزُقْنِي وَاهْدِنِي وَعَافِنِي وَاعْفُ عَنِّي

Rabbi ighfir li warhamni wajburni warfa‘ni warzuqni wahdini wa ‘āfinī wa’fu ‘annī

Meaning :

O Allah, forgive me. Have mercy on me. Improve my condition. Raise my status. Grant me sustenance. And guidance for me. Grant me safety.

- **Sujud (Second Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Tasyahud Awal (First Testification) – Sitting position**

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا

وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

At-taḥiyyātu lillāhi waṣ-ṣalawātu waṭ-ṭayyibātu. As-salāmu ‘alayka ayyuhā an-nabīyu wa raḥmatullāhi wa barakātuh. As-salāmu ‘alaynā wa ‘alā ‘ibādi-llāhiṣ-ṣāliḥīn. Ashhadu an lā ilāha illā-llāh, wa ashhadu anna Muḥammadan ‘abduhu wa rasūluh.

Meaning : All greetings, prayers, and good things are for Allah. Peace be upon you, O Prophet, and Allah’s mercy and blessings. Peace be upon us and upon the righteous servants of Allah. I bear witness that there is no god but Allah, and I bear witness that Muhammad is His servant and messenger.

Blessings upon the Prophet Muhammad (Salawat Nabi Muhammad)

اللَّهُمَّ صَلِّ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ

Allāhumma ṣalli ‘alā Muḥammadin wa ‘alā āli Muḥammadin

Meaning : O Allah, send blessings upon Muhammad and the family of Muhammad

Stand up for the third Rak’ah

3. THIRD RAK’AH

- **Recite Surah Al-Fatihah**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَٰنِ الرَّحِيمِ
مَالِكِ يَوْمِ الدِّينِ

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Aamiin

Bismillâhir-rahmânir-rahîm. Alhamdu lillâhi rabbil ‘âlamîn. Ar-rahmânir-rahîm Mâliki yaumid-dîn. Iyyâka na‘budu wa iyyâka nasta‘în. Ihdinash-shirâthal mustaqîm Shirâthalladzîna an‘amta ‘alayhim. ghayril-maghdûbi ‘alayhim waladh-dhâllîn. Aamiin

Meaning :

In the name of Allah, the Most Gracious, the Most Merciful. Praise be to Allah, the Lord of all the worlds. The Most Gracious, the Most Merciful. Master of the Day of Judgment. You alone we worship, and You alone we ask for help. Guide us to the straight path, The path of those upon whom You have bestowed Your grace, Not of those who have evoked Your anger, nor of those who are astray.

- **Recite a short Surah (An-Naas)**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ النَّاسِ
مَلِكِ النَّاسِ
إِلَٰهِ النَّاسِ
مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ
الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ
مِنَ الْجِنَّةِ وَالنَّاسِ

Bismillāhir-raḥmānir-raḥīm. Qul a‘ūdhu birabbin-nās. Malikin-nās
Ilāhin-nās. Min sharri l-waswāsil-khannās. Alladhī yuwaswisu fī ṣudūrin-nās
Minal-jinnati wan-nās

Meaning **:**

- In the name of Allah, the Most Gracious, the Most Merciful. Say, 'I seek refuge in the Lord of mankind, The King of mankind, The God of mankind, From the evil of the

whisperer who withdraws, Who whispers in the hearts of mankind, From among the jinn and mankind.

- **Ruku (Bowing)**

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَبِحَمْدِهِ (3x)

Subhâna rabbiyal ‘azîmi wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most Great.

- **I’tidal (Standing After Ruku)**

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami‘allâhu liman hamidah

Meaning : Allah hears the one who praises Him.

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbana wa lakal hamd

Meaning : O our Lord, all praise is due to You.

- **Sujud (Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Sitting Between Two Sujud)**

رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاجْبُرْنِي وَارْفَعْنِي وَارْزُقْنِي وَاهْدِنِي وَعَافِنِي وَاعْفُ عَنِّي

Rabbi ighfir li warhamni wajburni warfa‘ni warzuqni wahdini wa ‘āfinī wa’fu ‘annī

Meaning : O Allah, forgive me. Have mercy on me. Improve my condition. Raise my status. Grant me sustenance. And guidance for me. Grant me safety.

- **Sujud (Second Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

Stand up for the fourth rak’ah

4. FOURTH RAK’AH

- **Recite Surah Al-Fatihah**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَٰنِ الرَّحِيمِ
مَالِكِ يَوْمِ الدِّينِ
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Aamiin

Bismillâhir-rahmânir-rahîm. Alhamdu lillâhi rabbil ‘âlamîn. Ar-rahmânir-rahîm Mâliki yaumid-dîn. Iyyâka na‘budu wa iyyâka nasta‘în. Ihdinash-shirâthal mustaqîm Shirâthalladzîna an‘amta ‘alayhim. ghayril-maghdûbi ‘alayhim waladh-dhâllîn. Aamiin

Meaning :

In the name of Allah, the Most Gracious, the Most Merciful. Praise be to Allah, the Lord of all the worlds. The Most Gracious, the Most Merciful. Master of the Day of Judgment. You alone we worship, and You alone we ask for help. Guide us to the straight path, The path of those upon whom You have bestowed Your grace, Not of those who have evoked Your anger, nor of those who are astray.

- **Recite a short Surah (Al-Kafirun)**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
قُلْ يَا أَيُّهَا الْكَافِرُونَ
لَا أَعْبُدُ مَا تَعْبُدُونَ
وَلَا أَنتُمْ عَابِدُونَ مَا أَعْبُدُ
وَلَا أَنَا عَابِدٌ مَّا عَبَدتُّمْ
وَلَا أَنتُمْ عَابِدُونَ مَا أَعْبُدُ
لَكُمْ دِينُكُمْ وَلِيَ دِينِ

Bismillāhir-raḥmānir-raḥīm. Qul yā ayyuhal-kāfirūn. Lā a‘budu mā ta‘budūn Wa lā antum ‘ābidūna mā a‘bud. Wa lā anā ‘ābidum mā ‘abadtum. Wa lā antum ‘ābidūna mā a‘bud. Lakum dīnukum waliya dīn

Meaning **:**

In the name of Allah, the Most Gracious, the Most Merciful. Say, 'O disbelievers, I do not worship what you worship, Nor are you worshippers of what I worship.

Nor will I be a worshipper of what you worship, Nor will you be worshippers of what I worship. For you is your religion, and for me is my religion.

- **Ruku (Bowing)**

سُبْحَانَ رَبِّيَ الْعَظِيمِ وَبِحَمْدِهِ (3x)

Subhâna rabbiyal ‘azîmi wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most Great.

- **I’tidal (Standing After Ruku)**

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami‘allâhu liman hamidah

Meaning : Allah hears the one who praises Him.

رَبَّنَا وَلَكَ الْحَمْدُ

Rabbana wa lakal hamd

Meaning : O our Lord, all praise is due to You.

- **Sujud (Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Sitting Between Two Sujud)**

رَبِّ اغْفِرْ لِي وَارْحَمْنِي وَاجْبُرْنِي وَارْفَعْنِي وَارْزُقْنِي وَاهْدِنِي وَعَافِنِي وَاعْفُ عَنِّي

Rabbi ighfir li warhamni wajburni warfa‘ni warzuqni wahdini wa ‘āfinī wa’fu ‘annī

Meaning : O Allah, forgive me. Have mercy on me. Improve my condition. Raise my status. Grant me sustenance. And guidance for me. Grant me safety.

- **Sujud (Second Prostration)**

سُبْحَانَ رَبِّيَ الْأَعْلَىوَبِحَمْدِهِ (3x)

Subhâna rabbiyal a‘lâ wa bihamdih (3x)

Meaning : Glory is to my Lord, the Most High, and with His praise.

- **Tasyahud Akhir**

اَلتَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ
اَلسَّلاَمُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
السَّلاَمُ عَلَيْنَا وَعَلَىٰ عِبَادِ اللَّهِ الصَّالِحِينَ
أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللَّهِ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

At-tahyātu lillāhi waṣ-ṣalawātu waṭ-ṭayyibātu. As-salāmu ‘alayka ayyuhā an-nabīyu wa raḥmatullāhi wa barakātuh. As-salāmu ‘alaynā wa ‘alā ‘ibādi-llāhiṣ-ṣāliḥīn. Ashhadu an lā ilāha illā-llāh wa ashhadu anna Muḥammadan ‘abduhoo wa rasūlooh

Meaning : All greetings, prayers, and good things are for Allah. Peace be upon you, O Prophet, and the mercy of Allah and His blessings. Peace be upon us and upon the righteous servants of Allah. I bear witness that there is no god but Allah, and I bear witness that Muhammad is His servant and Messenger.

Blessings upon the Prophet Muhammad (Salawat Nabi Muhammad)

اللَّهُمَّ صَلِّ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ
كَمَا صَلَّيْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ
وَبَارِكْ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ
كَمَا بَارَكْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ
فِي الْعَالَمِينَ إِنَّكَ حَمِيدٌ مَّجِيدٌ

Allāhumma ṣalli ‘alā Muḥammadin wa ‘alā āli Muḥammadin. Kamā ṣallayta ‘alā Ibrāhīma wa ‘alā āli Ibrāhīma. Wa bārik ‘alā Muḥammadin wa ‘alā āli Muḥammadin Kamā bārikta ‘alā Ibrāhīma wa ‘alā āli Ibrāhīma. Fil ‘ālamīn innaka ḥamīdu majīd

Meaning : O Allah, send blessings upon Muhammad and the family of Muhammad, just as You sent blessings upon Ibrahim and the family of Ibrahim. And send Your blessings upon Muhammad and the family of Muhammad, just as You sent blessings upon Ibrahim and the family of Ibrahim, in the entire universe. Indeed, You are the Most Praiseworthy, the Most Glorious.

- **Salam (to End the Prayer)**

السلام عليكم ورحمة الله وبركاته

As-salāmu ‘alaykum wa raḥmatullāhi wa barakātuh

Meaning : May the peace, mercy, and blessings of Allah be upon you.

This phrase is said twice at the end of the prayer, first to the right and then to the left. This greeting is a form of prayer for peace and blessings for oneself and other Muslims.